



Second Step Pacing Calendar

-DIGITAL CURRICULUM-

Cal Aero/Legacy

Kindergarten

2024-2025



L: Lesson, BPU: [Bullying Prevention Unit](#)
[CLICK HERE](#) for the Second Step Digital Program Pacing Guide with **no dates**

School Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations		Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5 Performance Task	Unit 2 L6	Unit 2 L7	Unit 2 L8	Unit 2 L9
Lesson Title			We Watch, We Listen, We Think	Why We Pay Attention	Mistakes Are Okay!	Practice Makes Better	Let's Practice and Learn!	Sometimes We Feel Happy	Sometimes We Feel Sad	Sometimes We Feel Mad	We Can Feel Calm
School Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 2 L10 Performance Task	Unit 3 L11	Unit 3 L12	Unit 3 L13	Unit 3 L14	Unit 3 L15 Performance Task	Unit 4 L16	Unit 4 L17	Unit 4 L18	Unit 4 L19	Unit 4 L20 Performance Task
Lesson Title	What Are They Feeling?	We Can Be Kind	Why Kindness?	Showing Kindness	Kindness at School	Demonstrating Kindness	We Can Say the Problem	Ready to Solve Problems	Apologizing Can Help	Taking Turns and Sharing	We Can Solve Problems
School Week:	23	24	25	26	Suggestions <ul style="list-style-type: none"> Move units depending on the needs of your class. Consider adding a "Skill Review" as needed at the end of each unit using the extension activities available for each lesson. Consult with your MTSS-B Counselor if you need support. 			Considerations			
Unit/ Lesson	Unit 5 BPU L1	Unit 5 BPU L2	Unit 5 BPU L3	Unit 5 BPU L4				October - National Bullying Prevention Month September- National Suicide Prevention Month February- National Random Acts of Kindness Week May- Mental Health Awareness Month			
Lesson Title	Recognizing Bullying	Reporting Bullying	Refusing Bullying	Bystander Power							



Second Step Pacing Calendar -DIGITAL CURRICULUM-

Cal Aero/Legacy

1st Grade

2024-2025



L: Lesson, BPU: [Bullying Prevention Unit](#)

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Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5 Performance Task	Unit 2 L6	Unit 2 L7	Unit 2 L8	Unit 2 L9	Unit 2 L10 Performance Task
Lesson Title		Time to Pay Attention	Everyone Gets Distracted	You Did It!	Helpful Thoughts	We Can Do It!	Noticing Feelings	Sometimes We Feel Worried	Feeling Calm	Feeling Frustrated	Noticing Clues
Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 5 BPU L 1	Unit 5 BPU L 2	Unit 5 BPU L 3	Unit 5 BPU L 4	Skill Review	Unit 3 L 11	Unit 3 L 12	Unit 3 L13	Unit 3 L 14	Unit 3 L 15 Performance Task	Unit 4 L 16
Lesson Title	Recognizing Bullying	Reporting Bullying	Refusing Bullying	Bystander Power	Review Activities	The Power of Kind Acts	Ways to Be Kind	Offering Kind Acts	Practicing Kind Acts	Demonstrating Kind Acts	How to Say the Problem
Week:	23	24	25	26	Suggestions <ul style="list-style-type: none"> • Move units depending on the needs of your class. • Bully Prevention Unit (BPU) should be completed by Thanksgiving Break. • Consider adding a "Skill Review" as needed at the end of each unit using the extension activities available for each lesson. • Consult with your MTSS-B Counselor if you need support. 			Considerations			
Unit/ Lesson	Unit 4 L 17	Unit 4 L 18	Unit 4 L 19	Unit 4 L 20 Performance Task				October - National Bullying Prevention Month September - National Suicide Prevention Month February - National Random Acts of Kindness Week May - Mental Health Awareness Month			
Lesson Title	Was It an Accident?	Ask for What You Need	We Can Make it Better	Solving Problems							



Second Step Pacing Calendar

-DIGITAL CURRICULUM-

Cal Aero/Legacy

2nd Grade

2024-2025



L: Lesson, BPU: [Bullying Prevention Unit](#)
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Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L 2	Unit 1 L3	Unit 1 L 4	Unit 1 L 5 Performance Task	Unit 2 L 6	Unit 2 L 7	Unit 2 L 8	Unit 2 L 9	Unit 2 L 10 Performance Task
Lesson Title		How to Get Good at Something	What Mistakes Tell Us	Helpful and Unhelpful Thoughts	We Can Change Our Thoughts	Learn and Get Better	Feeling Proud	Feeling Disappointed	Help Yourself Feel Better	Different Feelings	How Do You Feel?
Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	BPU L 1	BPU L 2	BPU L 3	BPU L 4	Skill Review	Unit 3 L 11	Unit 3 L 12	Unit 3 L 13	Unit 3 L 14	Unit 3 L 15 Performance Task	Unit 4 L 16
Lesson Title	Recognizing Bullying	Reporting Bullying	Refusing Bullying	Bystander Power	Review Activities	What's Empathy?	Empathy in Action	Having Empathy	Empathy at School	Empathy and Kindness	The Way to Say a Problem
Week:	23	19	20	21	Suggestions <ul style="list-style-type: none">• Move units depending on the needs of your class.• Bully Prevention Unit (BPU) should be completed by Thanksgiving Break.• Consider adding a "Skill Review" as needed at the end of each unit using the extension activities available for each lesson.• Consult with your MTSS-B Counselor if you need support.			Considerations			
Unit/ Lesson	Unit 4 L17	Unit 4 L18	Unit 4 L 19	Unit 4 L 20 Performance Task				October - National Bullying Prevention Month September - National Suicide Prevention Month February - National Random Acts of Kindness Week May - Mental Health Awareness Month			
Lesson Title	Thinking of Solutions	Which Solution?	What Would I Want?	Be a Problem-Solver							



Second Step Pacing Calendar

-DIGITAL CURRICULUM-

Cal Aero/Legacy

3rd Grade

2024-2025



L: Lesson, BPU: [Bullying Prevention Unit](#)

[CLICK HERE](#) for the Second Step Digital Program Pacing Guide with **no dates**

Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations.	Unit 1 L 1	Unit 1 L 2	Unit 1 L 3	Unit 1 L 4	Unit 2 L 5 Performance Task	Unit 2 L 6	Unit 2 L 7	Unit 2 L 8	Unit 2 L 9	Unit 2 L 10 Performance Task
Lesson Title		Changing Your Brain	Getting Better with Practice	More Than Practice	Planning for Practice	Make a Practice Plan	Why Emotions?	How Angry?	Take a Break	How Happy?	Strength of Feelings
Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 5 BPU L 1	Unit 5 BPU L 2	Unit 5 BPU L 3	Unit 5 BPU L 4	Skills Review	Unit 3 L 11	Unit 3 L 12	Unit 3 L 13	Unit 3 L 14	Unit 3 L 15 Performance Task	Unit 4 L 16
Lesson Title	Recognizing Bullying	Reporting Bullying	Refusing Bullying	Bystander Power	Review Activity	Kindness and Friendship	Building a Friendship	My Kind of Kindness	Asking Questions	Do Something Kind	STEP by Step
Week:	23	24	25	26	Suggestions <ul style="list-style-type: none"> Move units depending on the needs of your class. Bully Prevention Unit (BPU) should be completed by Thanksgiving Break. Consider adding a "Skill Review" as needed at the end of each unit using the extension activities available for each lesson. Consult with your MTSS-B Counselor if you need support. 			Considerations <p>October - National Bullying Prevention Month September- National Suicide Prevention Month February- National Random Acts of Kindness Week May- Mental Health Awareness Month</p>			
Unit/ Lesson	Unit 4 L 17	Unit 4 L 18	Unit 4 L 19	Unit 4 L 20 Performance Task							
Lesson Title	S: Say the Problem	T: Think and E: Explore	P: Pick a Solution	Solving a Problem							



Second Step Pacing Calendar

-DIGITAL CURRICULUM-

Cal Aero/Legacy

4th Grade

2024-2025



L: Lesson, BPU: [Bullying Prevention Unit](#)

[CLICK HERE](#) for the Second Step Digital Program Pacing Guide with **no dates**

Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L 1	Unit 1 L 2	Unit 1 L 3	Unit 1 L 4	Unit 1 L 5 Performance Task	Unit 2 L 6	Unit 2 L 7	Unit 2 L 8	Unit 2 L 9	Unit 2 L 10 Performance Task
Lesson Title		Setting a Good Goal	Making a Plan	Checking Our Progress	Reflecting On Our Journey	Ready, Set, Goal!	The Balanced Brain	What is Rethinking?	How to Rethink	Take Another Look	Rethink It!
Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 5 BPU L 1	Unit 5 BPU L 2	Unit 5 BPU L 3	Unit 5 BPU L 4	Skills Review	Unit 3 L 11	Unit 3 L 12	Unit 3 L 13	Unit 3 L 14	Unit 3 L 15 Performance Task	Unit 4 L 16
Lesson Title	Recognize, Report, Refuse	Bystander Power	Bystander Responsibility	Bystanders to Cyber Bullying	Review Activity	The Same, But Different	Ask, Listen, Learn	Seeing It Differently	Changing Your Mind	A New Point of View	A Good Problem-Solver
Week:	23	24	25	26	Suggestions <ul style="list-style-type: none"> • Move units depending on the needs of your class. • Bully Prevention Unit (BPU) should be completed by Thanksgiving Break. • Consider adding a "Skill Review" as needed at the end of each unit using the extension activities available for each lesson. • Consult with your MTSS-B Counselor if you need support. 			Considerations <p> October - National Bullying Prevention Month September - National Suicide Prevention Month February - National Random Acts of Kindness Week May - Mental Health Awareness Month </p>			
Unit/ Lesson	Unit 4 L 17	Unit 4 L 18	Unit 4 L 19	Unit 4 L 20 Performance Task							
Lesson Title	Saying It Respectfully	Exploring Outcomes	A Good Solution	STEP Into Problem-Solving							



Second Step Pacing Calendar

-DIGITAL CURRICULUM-

Cal Aero/Legacy

5th Grade

2024-2025



L: Lesson, BPU: [Bullying Prevention Unit](#)

[CLICK HERE](#) for the Second Step Digital Program Pacing Guide with **no dates**

Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5 Performance Task	Unit 2 L6	Unit 2 L7	Unit 2 L8	Unit 2 L9	Unit 2 L10 Performance Task
Lesson Title		The Right Goal for Me	My Plan	Changing My Plan	Time to Reflect	My 10-Minute Goal	Strong Emotions	What Is Stress?	Planning for Change	What Can I Change?	Making a Change
Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 5 BPU L1	Unit 5 BPU L2	Unit 5 BPU L3	Unit 5 BPU L4	Skills Review	Unit 3 L11	Unit 3 L12	Unit 3 L13	Unit 3 L14	Unit 3 L15 Performance Task	Unit 4 L16
Lesson Title	Recognize, Report, Refuse	Bystander Power	Bystander Responsibility	Bystanders to Cyber Bullying	Review Activity	Empathy in the Community	What's the Problem?	A Different Point of View	Community Solutions	Your Solution	Beginning to STEP
Week:	23	24	25	26	Suggestions <ul style="list-style-type: none"> • Move units depending on the needs of your class. • Bully Prevention Unit (BPU) should be completed by Thanksgiving Break. • Consider adding a "Skill Review" as needed at the end of each unit using the extension activities available for each lesson. • Consult with your MTSS-B Counselor if you need support. 			Considerations <p>October - National Bullying Prevention Month September- National Suicide Prevention Month February- National Random Acts of Kindness Week May- Mental Health Awareness Month</p>			
Unit/ Lesson	Unit 4 L17	Unit 4 L18	Unit 4 L19	Unit 4 L20 Performance Task							
Lesson Title	When? Where? Who?	Solutions Web	Let's Reflect	Putting It All Together							



Cal Aero/Legacy

Second Step Pacing Calendar

-DIGITAL CURRICULUM-

6th Grade

2024-2025



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	3	4	5	6	7	8	9	10
Unit/ Lesson	PBIS Fall Kick-Off	Unit 1 L1A	Unit 1 L1B	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5	Unit 1 L6	Unit 1 L 7 Performance Task	Unit 1 Skill Review	Unit 5 BPU
Lesson Title	Teach school wide and classroom behavioral expectations	Starting Middle School	Helping New Students	How to Grow Your Brain	Trying New Strategies	Making Goals Specific	Breaking Down Your Goals	Monitoring Your Progress	Bringing It All Together	Review Activity	Common Types of Bullying
School Week:	13	14	15	16	18	19	20	21	22	23	
Unit/ Lesson	Unit 5 BPU L1	Unit 5 BPU L2	Unit 5 BPU L3	Unit 5 BPU L4	Unit 5 BPU Performance Task	Unit 2 L8	Unit 2 L9	Unit 2 L 10	Unit 2 L 11	Unit 2 L 12	
Lesson Title	Recognizing Bullying	Responding to Online Bullying	How to Be an Upstander	Standing up and Staying Safe	Raising Awareness About Bullying	What Are Guiding Principles	Your Guiding Principles	Making Decisions	Thinking About Others	Benefits of Guiding Principles	
School Week:	25	26	27	28	29	30	31	32	33	35	36
Unit/ Lesson	Unit 2 L 13 Performance Task	Unit 2 Skill Review	Unit 3 L 14	Unit 3 L 15	Unit 3 L 16	Unit 3 L 17	Unit 3 L 18	Unit 3 L 19 Performance Task	Unit 3 Skill Review	Unit 4 L 20	Unit 4 L 21
Lesson Title	Using Your Guiding Principles	Review Activity	What Emotions Tell You	Emotions and Your Brain	How Emotions Affect Your Decisions	Managing Your Emotions	What Works Best for You?	Raising Awareness About Managing Emotions	Review Activity	You're Changing	Why Conflicts Escalate
School Week:	37	38	39	40	41	42	Considerations: September-National Suicide Prevention Month October – National Bully Prevention Month February-National Random Acts of Kindness Month May-Mental Health Awareness Month			Suggestions: -Move units depending on the needs of your class. -Consider utilizing the “Skill Review” as needed at the end of each unit using the extension activities available for each lesson. -Consult with your MTSS-B Counselor if you need support.	
Unit/ Lesson	Unit 4 L 22	Unit 4 L23	Unit 4 L24	Unit 4 L 25	Unit 4 L 26 Performance Task	Unit 4 Skill Review					
Lesson Title	Considering Multiple Perspectives	Respectful Communication	Resolving Challenging Conflicts	Making Amends	Conflict Resolvers	Review Activity					



Cal Aero/Legacy

Second Step Pacing Calendar

-DIGITAL CURRICULUM-

7th Grade

2024-2025



L: Lesson, BPU: Bullying Prevention Unit

School Week:	1	2	3	4	5	6	7	8	9	10	11	12
Unit/ Lesson	PBIS Fall Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5	Unit 1 L6	Unit 1 L 7 Performance Task	Unit 1 Skill Review	Unit 5 BPU L1	Unit 5 BPU L2	Unit 5 BPU L3
Lesson Title		Starting Middle School	Creating New Pathways in Your Brain	Learning from Mistakes and Failure	Identifying Roadblocks	Overcoming Roadblocks 1	Overcoming Roadblocks 2	Advice on Roadblocks	Review Activity	What is Harassment?	What is Sexual Harassment?	The Effects of Sexual Harassment
School Week:	13	14	15	16	17	18	19	20	21	22	23	24
Unit/ Lesson	Unit 5 BPU L4	Unit 5 BPU L5	Unit 2 L8	Unit 2 L9	Unit 2 L10	Unit 2 L11	Unit 2 L12	Unit 2 L13	Unit 2 L 13 Performance Task	Unit 2 Skill Review	Unit 3 L 14	Unit 3 L 15
Lesson Title	Gender-Based Harassment	Our Rights and Responsibilities	What is Self-Concept	Your Self-Concept	Influences on Self-Concept	Changes in Self-Concept	Your Future Self-Concept	Who will you become?	Preventing Harassment	Review Activity	Emotions Matter	Feel, Think, Do
School Week:	25	26	27	28	29	30	31	32	33	34	35	36
Unit/ Lesson	Unit 3 L 16	Unit 3 L 17	Unit 3 L 18	Unit 3 L 19 Performance Task	Unit 3 Skill Review	Unit 4 L20	Unit 4 L 21	Unit 4 L 22	Unit 4 L 23	Unit 4 L 24	Unit 4 L 25	Unit 4 L 26 Performance Task
Lesson Title	Unhelpful Thoughts	Reframe the Situation	Practicing Positive Self-Talk	Making Better Decisions	Review Activity	What Makes a Conflict Escalate?	Keeping Your Cool in a Conflict	Conflicts and Perspectives	Resolving Conflict Part 1	Resolving Conflict Part 2	Taking Responsibility for Your Actions	Tips for Resolving Conflicts
School Week:	42	Considerations: September-National Suicide Prevention Month October – National Bully Prevention Month February-National Random Acts of Kindness Month May-Mental Health Awareness Month			Suggestions: -Move units depending on the needs of your class. -Consider utilizing the “Skill Review” as needed at the end of each unit using the extension activities available for each lesson. -Consult with your MTSS-B Counselor if you need support.							
Unit/ Lesson	Skill Review											
Lesson Title	Review Activity											



Second Step Pacing Calendar

-DIGITAL CURRICULUM-

Cal Aero/Legacy

8th Grade

2024-2025



L: Lesson, BPU: [Bullying Prevention Unit](#)

Week:	1	2	3	4	5	6	7	8	9	10	11
Unit/ Lesson	PBIS Fall Kick-Off Teach school wide and classroom behavioral expectations	Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5	Unit 1 L6	Unit 1 L 7 Performance Task	Unit 5 BPU L1	Unit 5 BPU L2	Unit 5 BPU L3
Lesson Title		Welcome!	Who Am I? My Identity	My Interest and Strengths	Harnessing My Strengths	Pursuing My Interests	My Future Self	My Path Forward	Understanding Bullying	Social Factors that Contribute to Bullying	Environmental Factors that Contribute to Bullying
Week:	12	13	14	15	16	17	18	19	20	21	22
Unit/ Lesson	Unit 5 BPU L4	Unit 5 BPU L5	Unit 5 BPU Performance Task	Unit 2 L8	Unit 2 L9	Unit 2 L10	Unit 2 L11	Unit 2 L12	Unit 2 L13 Performance Task	Unit 3 L 14	Unit 3 L 15
Lesson Title	Speak Up and Start a Movement	Be Inclusive and Change Policies	Stand Up for a Change!	Agency	Sources of Confidence	How to Build Confidence 1	How to Build Confidence 2	Agency and Confidence	Your Confidence-Building Plan	Understanding Stress and Anxiety	Where Does Stress Come From?
Week:	23	24	25	26	27	28	29	30	31	32	33
Unit/ Lesson	Unit 3 L 16	Unit 3 L 17	Unit 3 L 18	Unit 3 L 19 Performance Task	Unit 4 L20	Unit 4 L 21	Unit 4 L 22	Unit 4 L 23	Unit 4 L 24	Unit 4 L 25	Unit 4 L 26 Performance Task
Lesson Title	Can Stress Help You Grow?	Strategies for Managing Stress	Changing Strategies and Getting Help	My Stress-Management Plan	My Values	Values and Relationships	Recognizing Others' Perspectives	Finding the Best Solution	Making Things Right	Unhealthy Relationships	Guide to Healthy Relationships
Week:	34	<div>Considerations:</div> <div>October - National Bullying Prevention Month September- National Suicide Prevention Month February- National Random Acts of Kindness Week May- Mental Health Awareness Month</div>					<div>Suggestions:</div> <ul style="list-style-type: none">• Move units depending on the needs of your class.• Bully Prevention Unit (BPU) should be completed by Thanksgiving Break.• Consider adding a “Skill Review” as needed at the end of each unit using the extension activities available for each lesson.• Consult with your MTSS-B Counselor if you need support.				
Unit/ Lesson	Unit4 L27										
Lesson Title	High School Challenges										



Cal Aero/Legacy

Second Step Pacing Calendar

-PHYSICAL KIT-
Early Learning

2024-2025



EARLY LEARNING

School Week:	1	2	3	4	5	6	7	8		9	10	11
Unit/ Lesson	PBIS Fall Kick-Off Teach school wide and classroom behavioral expectations		Unit 1 L1	Unit 1 L2	Unit 1 L3	Unit 1 L4	Unit 1 L5	Unit 1 6		Unit 1 Skill Review	Unit 2 L7	Unit 2 L8
Lesson Title			Welcoming	Listening	Focusing Attention	Self-Talk	Following Directions	Asking for What you Need or Want		Review Activity	Identifying Feelings	More Feelings
School Week:	12	13	14	15	16	17	18	19	20	21	22	23
Unit/ Lesson	Unit 2 L9	Unit 2 L10	Unit 2 L11	Unit 2 L12	Unit 2 Skill Review	Unit 3 L13	Unit 3 L14	Unit 3 L15	Unit 3 L 16	Unit 3 L 17	Unit 3 L18	Unit 3 Skill Review
Lesson Title	Identifying Anger	Same or Different Feelings	Identifying Anger	Caring and Helping	Review Activity	We Feel Feelings in Our Bodies	Strong Feelings	Naming Feelings	Managing Disappointment	Managing Anger	Managing Waiting	Review Activity
School Week:	24	25	26	27	28	29	30	31		32	33	34
Unit/ Lesson	Unit 4 L 19	Unit 4 L 20	Unit 4 L21	Unit 4 L22	Unit 4 L23	Unit 4 L24	Unit 4 L25	Unit 4 Skill Review		Unit 5 L26	Unit 5 L27	Unit 5 L28
Lesson Title	Fair Ways to Play	Having Fun with Friends	Inviting to Play	Joining In with You	Saying the Problem	Thinking of Solutions	Speaking Assertively	Review Activity		Learning in Kindergarten	Riding the Kindergarten Bus	Making New Friends in Kindergarten
Considerations							Suggestions					
September- National Suicide Prevention Month October - National Bullying Prevention Month February- National Random Acts of Kindness Week May- Mental Health Awareness Month							<ul style="list-style-type: none">Move units depending on the needs of your class.Consider utilizing the “Skill Review” as needed at the end of each unit using the extension activities available for each lesson.Consult with your MTSS-B Counselor if you need support.					